

B-HERO Administrator Information/Request for Assistance

B-HERO Information for School Administrators:

- 1. State law [NDCC 15.1-07-34] requires each school within a district to designate someone in every school building as a Behavioral Health Resource Coordinator (BHRC). This individual and contact information must be shared and maintained with NDDPI.
- 2. How to locate your designated BHRC and contact information on file with NDDPI:
 - a. Visit: https://www.nd.gov/dpi/data,
 - b. Select: "School Directory Contact Information,"
 - c. Download the Excel spreadsheet,
 - d. Scroll and select the Behavioral Health Resource Coordinator tab, then scroll to locate your school. (*Note: This list may not reflect recent changes to MISO2.*)
- 3. How to change the BHRC in STARS (should be checked/updated annually):
 - a. Log in to STARS,
 - b. Click on MISO2,
 - c. Scroll to the bottom and select "School Directory Contact Information,"
 - d. Look under positions: "Behavioral Health Resource,"
 - e. Click on the name.
- 4. The role of the Behavioral Health Resource Coordinator:
 - a. Does NOT have to have training, education, licensing, or credentials specific to Behavioral Health. (If they don't, B-HERO shares opportunities if they're interested.)
 - b. Does agree to receive and review the resources and communications and to disseminate those resources to the appropriate audiences. *Note: This does NOT mean that the BHRC will or should simply forward the message to listservs to be ignored or disregarded.*
- 5. How the BHRCs receive these resources:
 - a. By law [NDCC 50-06-05.1], the ND Department of Human Services must, "provide resources on mental health awareness and suicide prevention to the behavioral health resource coordinator at each public school and to the designated individual at a nonpublic school. The resources must include information on identifying warning signs, risk factors, and the availability of resources in the community..."
 - b. CREA submitted a proposal to NDDHS and was contracted to develop the Behavioral Health in Education Resources and Opportunities (B-HERO) Technical Assistance Center to execute those requirements.
 - c. B-HERO sends these resources and communications to the BHRCs via email once per week during traditional in-school months and once per month during summer months.

B-HERO Request for Assistance:

- 1. Is your designated BHRC the most appropriate school staff member given this information?
- 2. Is your designated BHRC contact information current with NDDPI (or has been updated in STARS)?
- 3. Does your designated BHRC know that he/she is the BHRC?
- 4. We have learned that B-HERO emails are being filtered into junk mail. Is your designated BHRC receiving the B-HERO emails? *Please ask your BHRC to search his/her junk folder and add* <u>bhero.crea+k12.nd.us@ccsend.com</u> and <u>bhero.crea@k12.nd.us</u> to his/her list of safe-senders.
- 5. Do you, your BHRC, and school team know and understand the role and resources provided to BHRCs? If not, will you provide a specific opportunity to expand that understanding throughout your school building?